



Fat Burning Lemonade® Energy Blend™ was created by A-List celebrity Trainer, Health & Fitness Guru, and bestselling author Gregory Joujon-Roche. This “behind the scenes” product is Greg’s secret weapon which has helped his clients get in shape fast, naturally and safely. FBL Energy Blend™ has a great all natural berry flavor and touch of natural caffeine to boost your energy during tough workouts or to give you that extra pep to get you motivated.

- Each Pouch makes up to 180 ounces
- Supports the body to turn fat into energy
- Transports fatty acids enhancing metabolism
- Excellent to use during exercise, energize every workout
- Enhances fat oxidation promoting energy
- An antioxidant & free radical scavenger
- Converts Fat to Energy
- Cleanse & Detoxify the Body
- Contains Vitamin B12 & Raspberry Ketone

Now, combined with the FBL Six Day Strip™ Program, you too can share in the success.



The Fat Burning Lemonade® Six Day Strip™ is a weight loss and healthy lifestyle jumpstart program. It has been designed to get quick results, and also prepare your mind and body for an amazing transformation. You will not only kick-off your weight loss, but you will also experience:

- Improved energy levels
- Increased vitality and mental clarity
- A Clearer complexion
- Fortified immune system
- Reduced inflammation
- Balanced PH levels
- And more!

Supplement Facts		
Serving Size: 1 scoop		
Servings Per Container: 33		
	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	800 mg	1,333 %
Vitamin B12	1000 mcg	16,667 %
HolistiBurn™	1600 mg	
L-Carnitine Tartrate		†
D-Ribose		†
HolistiBoost™	165 mg	
Natural Caffeine		†
Raspberry Ketone		†

* Percent Daily values are based on 2,000 calorie diet.
 † Daily value not established.
 Other Ingredients: Stevia Extract, Silica, Lemon Juice Crystals, Natural Flavor



RECOMMENDED USE

Fat Burning Lemonade® Energy Blend™ is a pharmaceutical superior grade amino acid complex with natural caffeine the body uses to turn fat into energy and boost your performance. It is used in conjunction with the FBL Six Day Strip™ Program to jump start weight loss and then used to burn fat and maintain a healthy lifestyle.

L-CARNITINE TARTRATE

Promotes energy production by enhancing fat oxidation in the cell mitochondria. Without L-Carnitine, fats cannot be transported into the mitochondria for burning. Because of this, optimizing L-Carnitine levels has been found to have dramatic benefits in all energy deficient disorders: obesity, chronic fatigue, immune deficiency conditions, elevated blood fats, cholesterol and triglycerides.

- L-Carnitine increase weight loss by promoting optimal fat burning.
- L-Carnitine also promotes heart health and sports endurance and enhances anti-oxidant effects of vitamin C and E.

L-Carnitine is a compound naturally occurring in all foods, but significant amounts are only found in dark meats (due to high concentration of mitochondria), for example: lamb (190 mg/4 oz), beef (143 mg/4 oz), poultry (13 mg/4 oz), fish (3-10 mg/4 oz), cheese (1-13 mg/4 oz), rice (0.3 mg/4 oz), tomato (0.1 mg/4 oz).

D-RIBOSE

Is a simple 5-carbon monosaccharide which is an essential building block of DNA, RNA, certain vitamins and other cellular compounds. Ribose synthesizes adenine nucleotides which are required by heart, muscle and other tissue to make adenosine triphosphate (ATP), which is the primary source of energy used by all cells to maintain normal health and function. Ribose replenishes these nucleotides during disease or strenuous physical activity when the level of energy available to the cell is compromised. Everyone needs D-Ribose, it is ideal for athletes, weekend warriors, patients with cardiovascular weaknesses, poor circulation, ischemia, and those with any type of energy deficits.

VITAMIN C

COMBINED W/ WEIGHT LOSS & EXERCISE

Researchers are finding that vegetables and fruits rich in vitamin C can increase your fat burning rate during exercise. How's that for delicious news? This is superb motivation to increase your daily intake of a whole range of great-tasting fresh produce. Eat some, juice some and remember to enjoy your Fat Burning Lemonade® regularly.

What we see here is impressive teamwork between the antioxidants L-Carnitine and vitamin C.

According to a study done by Carol S. Johnston of the Arizona State University (published in the Journal of the American College of Nutrition¹)... Fat-burning can be up to 30% higher during exercise if you have a healthy level of vitamin C in your body, compared to the results in folks who are getting too little of it.

So, by topping up with a vitamin C-rich Fat Burning Lemonade®, you can ensure that you gain the maximum benefit from walking, working out or any other fat-loss activity. The vitamin C and L-Carnitine team may also enable you to exercise for longer, as it will add to endurance and give you more energy.

If you have been struggling to lose weight consistently in spite of exercising, you could try adding Fat Burning Lemonade® high in vitamin C. Who knows... this may just be what you need to get your over this frustrating "nothing-is-working plateau".

